

## SCHOHARIE COUNTY DEPARTMENT OF HEALTH

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**Dr. Amy E. Gildemeister, Ph. D.** Director of Public Health

COVID-19 update 4/1/2020

Three additional Schoharie County residents have confirmed cases of COVID-19, bringing the total number of Schoharie County residents to nine (plus the additional case of a nonresident who works at SUNY). We are in the process of notifying individuals who were in close contact and have an elevated risk of contracting COVID-19. We are confident that this is an UNDER COUNT of cases in Schoharie County.

We are currently following 30 people that have been placed in isolation or quarantine by Schoharie County Department of Health. There are an additional 38 people who have completed their quarantine period and have been allowed to resume normal activities. We have not had any deaths from COVID-19.

Please continue to practice strong social distancing and do not spend time with people that do not live in your household. Please stay 6 feet from people in stores and do not linger. Do not spend time visiting with friends and neighbors if you run into them in the store or on the street, even if you maintain a 6-foot distance.

DO find other ways to connect with people. Call your friends and neighbors to visit or find out how they are doing. Facetime with them. Hold an on-line game night. Leave a phone line open for casual chatting or silence over a cup of coffee. Watch the same movie and schedule a time to chat about it right after you finish.

Reminder: As I've stated before, the cases that we have are NOT a direct result of people from the city coming into the region in an attempt to escape the outbreak in the NYC metro region. Please refrain from negative speculation of that kind. I will be deleting that kind of negativity.

Dr. Amy E. Gildemeister, Ph.D. Director of Public Health

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